

# ELBOW BALL



<b>SUMMARY</b>	Kids pass a ball to each other using only their elbows
<b>SUPPLIES</b>	<ul style="list-style-type: none"><li>• 2 balls (Four Square/Dodge ball/small beach ball – something like these)</li></ul>
<b>SET UP</b>	<ul style="list-style-type: none"><li>• This is a relay type race. If you have a smaller class then the whole class could play this at once provided you have equal teams. If you have a large class then you can pick 10 kids from each team. Another variation would be to play with the whole class while seated passing the ball down the rows, the kid on the end stands and passes the ball to the next row – again, even teams are important.</li></ul>
<b>GAMEPLAY</b>	<ol style="list-style-type: none"><li>1. The object of this game is to be the first team to get the ball to the end of the line.</li><li>2. The first person will hold the ball using their elbows with their fingers locked behind their head.</li><li>3. The next person must receive the ball in the same manner and pass it down to the end of the line.</li><li>4. First team to pass the ball to the end wins!</li></ol>

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