

# MUVA THE HULA



<b>SUMMARY</b>	The kids line up, hold hands and try to move through a hula-hoop faster than the other team.
<b>SUPPLIES</b>	<ul style="list-style-type: none"><li>• 2 Hula-Hoops</li></ul>
<b>SET UP</b>	<ul style="list-style-type: none"><li>• Line the first team up standing side by side, then line the next team up side by side as well, facing the opposing team.</li><li>• Once all the kids are in one general area, ask them to grab the hand of the person on their left and on their right.</li><li>• Once all the kids are holding hands bring out the hula hoops (one for each team) and explain to the kids that their objective is to get the hula hoop from the first person all the way to the last person without letting go of the person next to them.</li></ul>
<b>GAMEPLAY</b>	<ol style="list-style-type: none"><li>1. Once the music starts, they can GO!</li></ol>
<b>SUGGESTIONS</b>	<ul style="list-style-type: none"><li>• If one of your teams drastically outnumbered the other team, have class helpers join the other team or move kids who the hoop has already passed to the end of the line which in effect makes both teams even.</li></ul>

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